



## **Board of Health**

Bolton, Massachusetts 01740

September 22, 2021

As the Town of Bolton has seen positive cases increase over the past few weeks, the Bolton Board of Health strongly recommends that masks or face coverings be worn when entering an indoor space that is open to the public in Bolton. By doing this you are helping to stop the potential of additional positive Covid-19 cases in Bolton. Per the State of Massachusetts, the following information has been issued for when you wear a cloth mask, it should:

- Cover your nose and mouth,
- Fit snugly but comfortably against the side of the face,
- Be secured with ties or ear loops,
- Include multiple layers of fabric,
- Allow for breathing without restriction, and
- Be able to be laundered and machine dried without damage or change to shape.

When putting on and taking off a mask, do not touch the front of it, you should only handle the ties or ear straps, and make sure you wash the cloth mask regularly. Wash your hands or use hand sanitizer after touching the mask.

Cloth masks should not be placed on young children under age 2, anyone who has trouble breathing, or is unconscious, incapacitated, or otherwise unable to remove the mask without assistance.

The Board of Health appreciates your understanding and corporation to keep our residents safe from the ongoing spread of Covid-19