

# August 2022

Programs are held at various locations, including Davis Hall & the Town Common. Please check the activity description listed in the newsletter to verify the program's location and important details.

Sun	Mon	Tue	Wed	Thu	Fri	Sat
<p>Listed Sunday are the Senior Spotlight programs for the week. They can be viewed daily on Comcast Ch 8 or online @ BoltonAccess.TV</p>	<p>1</p> 	<p>2</p> <p>1- Bingo</p>	<p>3</p> <p>10-Zumba 10- Art 12:30 Movie Matinee</p>	<p>4</p> <p>10- Art 10-TaijiFit 11-Silver Sneakers</p>	<p>5</p> <p>12- Lunch Trip to Longhorn Steakhouse</p>	<p>6</p> 
<p>7</p> <p>3-Bolton Fair 2021 4- Healthy Cooking - Espresso Cake</p>	<p>8</p> 	<p>9</p> <p>10- COA Meeting 12- VNA Nurse 1- Bingo</p>	<p>10</p> <p>10-Zumba 10- Art 12- Picnic on the Patio</p>	<p>11</p> <p>10- Art 10-TaijiFit 11-Silver Sneakers</p>	<p>12</p> <p>12- Lunch Trip to Funky Murphy's</p>	<p>13</p>
<p>14</p> <p>3- FOBS-Music in Place 2016 4- Middlesex Concert Band</p>	<p>15</p>	<p>16</p> <p>11- Senior Cookout</p>	<p>17</p> <p>10-Zumba 10- Art 12:30-Movie Matinee</p>	<p>18</p> <p>10- Town Nurse 10- Art 10-TaijiFit 11-Silver Sneakers</p>	<p>19</p> <p>12- Lunch Trip to Ziti's</p>	<p>20</p> 
<p>21</p> <p>3- FOBS- Walt Whitman 2015 4- Healthy Cooking - Desserts</p>	<p>22</p> 	<p>23</p> <p>11- Fall Sign Craft 1- Bingo</p>	<p>24</p> <p>10-Zumba 10- Art 6- RHR Downsizing Workshop</p>	<p>25</p> <p>10- Art 10-TaijiFit 11-Silver Sneakers 7- Book Club</p>	<p>26</p> <p>12- Lunch Trip to Post Office Pub</p>	<p>27</p> 
<p>28</p> <p>3- Nashoba Band- Senior Moment 4- Two Grannies on the Road- Achusnet</p>	<p>29</p>	<p>30</p> <p>1-Bingo</p>	<p>31</p> <p>10-Zumba 10- Art 12:30- Movie Matinee</p>			

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