

# Take a Walk on the Wild Side at Bowers Springs Conservation Area

**Event Date:** September 25<sup>th</sup> 2018

**Time:** 10:00am

**Duration:** ~2 hours



**Parking:** Off of Flanagan Road within the paved lot.

**Weather Policy:** We will plan to hold the event if sustained rain is light. The rain date option will be used if sustained rain is moderate to heavy, or in the event of thunder, lightning, and/or strong wind.

**Recommended Gear:** Participants should dress appropriately. We encourage participants to bring water, wear long pants, bug repellent, sunscreen, rain gear if applicable, and close toed shoes. No umbrellas please. Maps are available from the Conservation Agent.

**Partner Organizations:** Bolton Trails Committee, Bolton Conservation Trust and Bolton Conservation Department.

\*If you have any questions prior to the event please contact the Conservation Agent. 978-779-3304 or [concom@townofbolton.com](mailto:concom@townofbolton.com) \*

Bolton and adjacent towns are home to at least 100 species of edible wild plants, many of which are more nutritious and/or flavorful than their cultivated counterparts.

Join wild edibles enthusiast Russ Cohen, author of the book *Wild Plants I Have Known...and Eaten*, on a two-hour ramble through Bowers Springs, to learn about the comestible virtues of at least eighteen species of edible wild plants.

Pending favorable weather conditions, several species of edible mushrooms may be encountered as well.

Keys to the identification of each species will be provided, along with information on edible portion(s), season(s) of availability and preparation methods, as well as guidelines for safe and environmentally-responsible foraging.