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Council On Aging Board Meeting Agenda

Date:

Thursday, March 9, 2023 - 10:00am (Feb. 2023 Meeting)
Senior Center at the Bolton Country Manor, 600 Main Street

Related Event:

[Council On Aging Board Meeting](#)

Council On Aging Board Meeting Agenda 3/9/23

10:00am -10:05am Citizen's Comments

10:05am - 10:15am Reading of Minutes from January 2023 COA Meeting

Approval of January 2023 COA Minutes

Financial Report

10:15 – 11:30pm FOBS Update

Bus Trip Discussion

Outreach/Program Coordinator's Report

Other Board Concerns and Discussion

Director's Report

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Town of Bolton C.O.A. Meeting

March 9, 2023 – [February Meeting, postponed because of storm]

Meeting at the Senior Center

Members Present: Panny Gerken, Chair; Barbara Brown, Tom Byron, Shirley Sefton, Corrine Mackie, Chuck McCormack

COA Director Lisa D'Eon, Program Coordinator Heather Goodsell

A quorum being present, the meeting opened about 10:02 AM.

The minutes from the January COA meeting were approved.

Lisa: financials. Supplies are in the red now due to category changes, but will be adjusted at the end of the year from surpluses in other categories. Money will be coming from Go Bolton, but the amount and when are unknown. We're doing fine. Advisory is ok with us. {The current COVID situation was discussed; the new Trash bags issue was discussed.} Will review the 2024 budget next meeting.

FOBS update provided by Heather: Irish Step dancers coming in March (rescheduled from March, 2020) at Davis Hall. Setup, servers, and breakdown volunteers needed. Spending down the LIV money is for fuel assistance, food insecurity, senior financial assistance, and needs to be used up and reported back.

Heather reports: See the handout of outreach and programs. A major discussion regarding day trips ensued, crossing over this year's and next year's budgets, as suggested in the handout. Members favored the Cape trip for June, Indian Princess cruise for July, Turkey train for October, Possibly Newport Playhouse in December, and Steam train and riverboat possible May '24. Costs will be kept affordable, about \$60 - \$70 per person. Some \$20k monies may help here. Library passes are under used, and will be highlighted in the newsletter. Corrine suggested a golf outing at the International. Marketing programs is a major issue. Perhaps a COA Volunteers group could be set up to handle activities out of normal hours / places, since we are beginning to focus on a total town integration for seniors activities.

Lisa: Girls Scouts event was phenomenal. Working with a regional Opioid crisis group. New van driver for Monday trips dropped out. Consider setting up a mall walking group? State grant might be raised from \$12 per senior to \$14. Stress from overwork / out of hours has overloaded Lisa and Heather: boundaries and limits are being set; the Board must step up and provide assistance and relief. Lisa on vacation next week; surgery scheduled for May 24 will require 6 week recovery. Town does not have a social worker yet, thus town wide needs fall on Lisa and Heather. Chuck asked when the calendar issue posted on the town website will be resolved. We need volunteers.

Assignment for next meeting on March 28: "How do we find volunteers? How do we categorize our needs and align them to volunteer requests?"

The meeting adjourned at 12:01.

Respectfully submitted: Tom Byron

Bolton Council on Aging

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<u>Category</u>	<u>Spent</u> -----Actual--- <u>Year-To-Date</u>	%	<u>Total Year</u> <u>Budget</u>	<u>Remaining</u> %	<u>Balance</u> <u>Remaining</u>
<u>Town Warrant</u>					
<u>Fixed</u>					
Salary	31,383.36	67.38%	46,575	32.62%	15191.64
Wages	23173.2	68.65%	33758	31.35%	10584.8
Software Support	1190	100.00%	1190	0.00%	0
Building Lease	4419	95.16%	4644	4.84%	225
Cable/DSL	830.05	57.52%	1443	42.48%	612.95
Telephone	316.72	54.51%	581	45.49%	264.28
Subtotal-Fixed	61,312.33		88,191		26,878.67
<u>Discretionary</u>					
Purchased Services	3791.46	47.10%	8050	52.90%	4258.54
Supplies	2950.13	159.47%	1850	-59.47%	-1100.13
Subtotal-Discretionary	6741.59		9900		3158.41
<u>Total Warrant Spending</u>					
<u>Grant</u>					
Lisa- Extra 3 hours/TBD	4252.92	62.89%	6763	37.11%	2510.08
Fitness/Balance	800	100.00%	800	0.00%	0
Wellness	695	56.05%	1240	43.95%	545
MCOA Dues	265	94.64%	280	5.36%	15
Other	0	0.00%	8028	100.00%	8028
Transportation	23.78	27.98%	85	72.02%	61.22
Total Grant Spending	6036.7	35.11%	17196		11159.3
FY22 Earmark Award	20,000				
Fuel Assitance Balance	10,212.87				
GO Bolton Balance	0				

February 2023 COA Meeting
Outreach/Programs Minutes

See the attached March newsletter for all the details on upcoming programs and events. Some events I would like to highlight are the Chess Workshop, that will turn into a regular Chess Club on 3/23. We are having a Luau party to encourage warm thoughts on 3/28. RHR Real Estate will be doing another downsizing talk on 3/15. He is bringing a representative from an assisted living community to talk about the process of downsizing to assisted living too.

Fuel Assistance is still busy. MOC is still extremely delayed which is causing financial hardships for many people. I have begun to tap into the LIV funds to help subsidize payments above and beyond the town's covered amount. (MOC is giving roughly \$1300, so there is no concern that anyone will have excess fuel assistance funds.)

The mini pantry is up and running. We have not had any visitors yet, but we are going to be publicizing it more now that we are in good shape.

The Mart pilot is making progress! The technology person from Mart is going to come and take a look at our stubborn tablet. The software side of things is great. They have introduced more features that make ride booking even easier. We are also going to be one of the 3 beta testing groups that is going to be testing a new communication feature that will text or call a rider the day before with a reminder of their ride and then again as the van is on its way.

Just to update everyone on the sand program. I sent the Volunteer Fire Assoc a list of 8 households in December only to find out recently they were unable to get volunteers to execute the program. Given how late in the winter it is, we are going to table the program and try again next year.

Our mini-pantry is up and running. We have had a slow start, but have plenty of options for those in need. Feel free to stop up and take a peek!

Day Trips for 2023

May- Casino (?)

June- Dexter Grist Mill/Hoxie House tour & lunch on The Cape

July-Indian Princess Cruise @ Indian Ranch

August- Escape to Margaritaville at the North Shore Music Theater

September- Turkey Train (?)

Other ideas- Essex River Steam Train and Riverboat, Pickity Place and Cathedral in the Pines, Bridge of Flowers, Yankee Candle and lunch, Hanover Theater and dinner.