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## Council On Aging Board Meeting Agenda

### Date:

Tuesday, March 28, 2023 - 10:00am

Senior Center at the Bolton Country Manor, 600 Main Street

### Related Event:

[Council On Aging Board Meeting](#)

Council On Aging Board Meeting Agenda 3/28/23

10:00am -10:05am Citizen's Comments

10:05am - 10:15am Reading of Minutes from February 2023 COA Meeting

Approval of February 2023 COA Minutes

Financial Report

10:15 – 11:30pm FOBS Update

Outreach/Program Coordinator's Report

Other Board Concerns and Discussion

Director's Report

**Source URL:** <https://www.townofbolton.com/council-aging-coa/agenda/council-aging-board-meeting-agenda-1>

Town of Bolton C.O.A. Meeting  
March 28, 2023

Meeting at the Senior Center

Members Present: Panny Gerken, Chair; Barbara Brown, Tom Byron, Shirley Sefton, Corrine Mackie, Charles McCormack, Janet Smith, Alice Roemer  
Program Coordinator Heather Goodsell, FOBS Mary Ciummo

A quorum being present, the meeting opened about 10:08 AM.  
The minutes from the February COA meeting were approved as amended.

Financials: Money from Go Bolton in the amount of \$9k and change has arrived and will be used to continue the limo service that supplements the MART van service. Financially, we're doing fine. Leftover monies from the Grant will carry over into the next fiscal year.

FOBS: Irish Step dancers went very well. Thanks to Davis Hall. These dancers had never been on a stage before. April will be a semi-formal tea. May senior appreciation month activities will be finalized at the next meeting. The \$25k LIV money that came in needs to be spent, and report back how it's been spent.

Heather reports: Luau party tomorrow, Nashoba Neighbors this week. See the handout and the April Newsletter for dates, times, and updates on planned trips scheduled. Fuel assistance has been heavily used, is wrapping up but still heavily requested. Senior listings in My Senior Center software are being updated. Chess was cancelled because no one signed up.

Lisa is absent but provided the Director's Report as a handout. Lisa also attends a quarterly meeting with Bolton police and fire about senior clients. There is a program for family wanderer's.

The sub-committee to spend the \$20k will meet in 2 days. The transportation category can be removed because the Go Bolton funds have taken care of that.

A discussion to change this COA meeting day/time could not find a better alternative.

Corrine: If there is to be a Community Center, then a Town Long Term planning group is needed. Many discussions in the town around a Community Center emphasise a team with the proper skill set should really work on this. The library is re-inventing the Welcome Wagon concept to help newcomers form social connections and lines of communication in town.

The meeting adjourned at 11:05.

Respectfully submitted: Tom Byron

Bolton Council on Aging  
March FY23

<u>Category</u>	<u>----Actual---</u> <u>Spent</u> <u>Year-To-Date</u>	<u>%</u>	<u>Total Year</u> <u>Budget</u>	<u>Remaining</u> <u>%</u>	<u>Balance</u> <u>Remaining</u>
<u>Town Warrant</u>					
<u>Fixed</u>					
Salary	33,192.00	71.27%	46,575	28.73%	13383
Wages	24697.2	73.16%	33758	26.84%	9060.8
Software Support	1190	100.00%	1190	0.00%	0
Building Lease	4419	95.16%	4644	4.84%	225
Cable/DSL	830.05	57.52%	1443	42.48%	612.95
Telephone	316.72	54.51%	581	45.49%	264.28
Subtotal-Fixed	64,644.97		88,191		23,546.03
<u>Discretionary</u>					
Purchased Services	3791.46	47.10%	8050	52.90%	4258.54
Supplies	2950.13	159.47%	1850	-59.47%	-1100.13
Subtotal-Discretionary	6741.59		9900		3158.41
<u>Total Warrant Spending</u>					
<u>Grant</u>					
Lisa- Extra 3 hours/TBD	4149	61.35%	6763	38.65%	2614
Fitness/Balance	800	100.00%	800	0.00%	0
Wellness	695	56.05%	1240	43.95%	545
MCOA Dues	265	94.64%	280	5.36%	15
Other	330	4.11%	8028	100.00%	7698
Transportation	23.78	27.98%	85	72.02%	61.22
Total Grant Spending	6262.78	36.42%	17196		10933.22
FY22 Earmark Award	20,000				
Fuel Assitance Balance	10,212.87				
GO Bolton Balance	9,000				

March 2023 COA Meeting  
Outreach & Program Minutes

We are having a Luau Party tomorrow, if anyone would like to attend, let me know. Also this week, Nashoba Neighbors will be hosting an info session here for anyone who may be interested.

April has some really interesting programs, check out the newsletter for dates and times.

Davis Hall has been booked for May 17th for our Health Fair. I will now begin to secure vendors to be there!

Roger Tincknell has also been booked for May 10th at 12:30 to do his The Beatles and Beyond show.

I have been working on booking all of the trips we recently discussed. May will be a trip to Mohegan Sun Casino, date tbd. June will be to Dexter Grist Mill & The Hoxie House with lunch on Cape Cod. Date and details tbd. July is a cruise on the Indian Princess at Webster Lake. Date tbd. September 25th is going to be the Lake Winnepesaukee Turkey Train trip. Early December will be Newport Playhouse.

Fuel Assistance is going to be wrapping up, I am still getting calls very frequently for help with this.

The current town nurse, Alicia, is moving on to a new position. She has been great and will be missed. There will be no town nurse visit in May while they look for a replacement.

I am working with a National Honor Society member who needs community service hours to have her update our person listings in MySeniorCenter. The last time that we added all the newly 60 was back in 2018.



## Director's Report – March FY23

- MART Van Driver, Betty Ann, has resigned. She drove on Fridays. Our other driver, Brian, is able to pick up 2 Fridays per month, with a possibility of more coverage in the future. I interviewed a new driver, he accepted the position and while I was working with HR and MART to get him trained, he then declined the position. I have spoken with HR to continue posting the position on the town website and I will advertise in local newspapers. In the past, we discussed the Hudson and Maynard newspapers would be good options for ads. I'll keep the board posted
- Working with a local family member regarding their senior relative. I am providing daily case management for this client.
- Working with a Bolton Eagle Scout. He has decided to do spring lawn clean-ups for seniors. We are working on details and logistics at this point.
- Working with Conservation and the Nashua River Project to help facilitate site visits around town for seniors in order to get their input.
- I have attended 2 meetings regarding the opioid settlement money the town will receive and how we can best utilize these funds. There is a strict criterion in place for how the money can be spent. Jeff Legendre, Fire Chief, is researching a syringe receptacle/sharps disposal that would be housed at the Public Safety Building. I will provide further details as I receive them.
- I am working with Kate Hogan's to help identify seniors 80 years and over for her Senior Birthday Project. Kate's office is sending birthday greetings to her senior constituents who are celebrating milestone birthdays.
- I am working on yearly statistic paperwork for the Executive Office of Elder Affairs.