

Town of Bolton C.O.A. Meeting
December 14, 2021

In-person meeting at the Senior Center

Members Present: Panny Gerken, Chair; Barbara Brown, Tom Byron, Shirley Sefton, Carol O'Loughlin, Corinne Mackie, Alice Roemer, Charles McCormack
COA Director Lisa D'Eon, Program Coordinator Heather Goodsell
Guests: Mary Cuimmo, Janet Smith

The meeting opened about 9:46 AM.

The minutes from the November COA meeting were approved.

Lisa reported the financials. Adjustments still need to be made in the future due to certain TBD numbers and the salary shift for this year. Keep the \$20k potential windfall in mind: it will probably happen. In next year's budget, an additional 3 hours are requested for Lisa. Both Lisa and Heather have been keeping good track of their hours, but have not been tracking mileage.

FOBS input: Liberty Bones Trombones and luncheon at Davis Hall Thursday. Zooms: in January, John Root. February, Historical Picture Show. More history will be coming. A possible drive thru meal for March. Distinctions / benefits of FOBS and the Community Fund were explained.

Director's report: Year end report for the state is being developed. Both Heather and Lisa are non-stop with people. They spend more face to face or phone time than any other town departments. Money is a big issue, and many have no one else to talk to. Bolton is considering getting a part time social worker using Covid dollars, which would be very good. Heather and Lisa have a very great rapport with town hall.

Lots of van breakdowns, but we have a new driver, Betty Ann (fully trained, with experience), working MWF, while Brian does T,Th. More social trip events can be planned to combat loneliness.

Covid tests should be in every household: perhaps buy some to have on hand. Testing is done at the old Sears garage at the Solomon Pond Mall. Wear masks, sanitize hands, change out mask every two hours because they lose effectiveness when wet.

Headway is being made with the mission statement. Check out the website as it is now.

Next COA meeting January 11, 2022 at the Senior Center.
The meeting adjourned at 10:52.

Respectfully submitted: Tom Byron

December 2021 COA Meeting

Outreach/Program Minutes

Upcoming Programs and Events-

- Today!! Ugly Sweater, holiday social. Starting at noon, there will be lunch, games, prizes, hot chocolate bar and more. I hope you can all come back for it!
- Thursday- Liberty Bones Concert and lunch provided by FOBS at Davis Hall. Please let me know by today if you would like to attend.
- We began a beginners art class with Ellen on Wednesdays. There are 6 new art students signed up and the class is at capacity. We hope that this will eventually lead to more people attending the Thursday class once they gain some skills and confidence.
- Therapy Gardens, Herbal Tea Workshop will be held on 12/21. Dave from therapy gardens did a program in the summer and everyone really enjoyed him. Space is limited for this class, but there is still space!
- Winter Crafternoon- Back by popular demand, many of our crafty folks asked if we could do a craft day like we did a few years ago. On 12/23 we will be making ornaments, gift tags and more.
- Movie Matinee is going great. We have a solid group that has been coming each week.

- Fitness classes have moved indoors to Davis Hall. Thanks to Shirley for arranging this! Everyone seems very happy with this move.
- VNA and Town Nurse visits are being held in person each month.
- We had to cancel our 12/17 day trip to Honey Bee Orchards, Salem Cross Inn, Yankee Candle & Bright Nights. We only had 9 people sign up.

Other Info-

- I reached out to the Bolton Volunteer Fire Association and they have offered once again to deliver buckets of sand to Bolton Seniors. If you, or someone you know could benefit from a bucket of sand, please let me know.
- Fuel Assistance is in full swing! Donations have been slowly coming in. The boy scouts did a hot cocoa and bake sale at the tree lighting at the common and were able to raise \$950 for the fuel assistance fund. Requests for donations will be going out in the census this month also. I have mailed out 14 applications to past recipients. We know that this winter is going to be especially hard, so if there is someone on your radar that you think could benefit from fuel assistance, please let me know. Applications are kept in the strictest of confidence.
- After our meeting last month, I started adding details about a specific resource to our newsletter each month. In December I highlighted a caregivers support group and a bereavement support group.

- Newsletter deadline is 12/16.
- I talked with the Stow COA about the survey that they sent out. Alyson, the director, said that she feels it was successful; they received over 450 responses and are still sorting through them. She sent me a copy of their survey. I can pass it along to anyone who wishes to see it. She said she felt it was so successful because they have a lot of their residents' email addresses and send out email blasts with the link.
- Most of the honey was distributed to the volunteers. There are still a few more jars that need to be delivered, if anyone is willing to take a couple more.

Summary Statistics from 11/01/2021 to 11/30/2021**Filters:**

Age: >=0

Site(s): All

Deceased: No

City: Bolton

Activity Type	Duplicated	Unduplicated
Events	180	80
Meals	10	3
Services	63	50
Total People Served	253	107

Bolton Council on Aging
FY22 Monthly Financial Report - December 2021

<u>Category</u>	<u>Year-To-Date</u>	<u>----Actual---</u> %	<u>Total Year</u> <u>Budget</u>	<u>Remaining</u> %	<u>Balance</u> <u>Remaining</u>
<u>Town Warrant</u>					
<u>Fixed</u>					
Salary	19,624.86	44.50%	44103.18	55.50%	24478.32
Wages	14076	44.06%	31946.4	55.94%	17870.4
Software Support	1190	100.00%	1190	0.00%	0
Building Lease	2880	66.67%	4320	33.33%	1440
Cable/DSL	367.74	28.03%	1312	71.97%	944.26
Telephone	197.95	37.49%	528	62.51%	330.05
Subtotal-Fixed	38336.55		83399.58		45063.03
<u>Discretionary</u>					
Purchased Services	1655.98	20.57%	8050	79.43%	6394.02
Supplies	1254.2	67.79%	1850	32.21%	595.8
Subtotal-Discretionary	2910.18		9900		6989.82
Total Warrant Spending	41,246.73		93,299.58		52,052.85
<u>Grant</u>					
To be determined	132.6	1.96%	6763	98.04%	6630.40
Fitness/Balance	800	100.00%	800	0.00%	0.00
Reflexology/Wellness	1140	91.94%	1240	8.06%	100.00
MCOA Dues	265	94.64%	280	5.36%	15.00
Transportation	0	0.00%	85	100.00%	85.00
Total Grant Spending	2337.6	25.50%	9168	74.50%	6830.40

FOBS
Jan- Zoom John Root > set up zoom link
Feb- Historical pic show.
March- Lunch Drive thru.

