

Town of Bolton C.O.A. Meeting
January 11, 2022

ZOOM meeting

Members Present: Panny Gerken, Chair; Barbara Brown, Tom Byron, Shirley Sefton, Carol O'Loughlin, Corinne Mackie, Alice Roemer, Charles McCormack, Janet Smith
COA Director Lisa D'Eon, Program Coordinator Heather Goodsell
Guests: Mary Cuimmo

The meeting opened about 10:02 AM.
The minutes from the December COA meeting were approved.

Lisa reported the financials. Dollar balances are good. With the Senior Center closed, expenses are reduced.

FOBS input: Zooms: in January, John Root. February, Historical Picture Show. The Mary Boyd / Brian Boyle birthday bash brought in additional funds to FOBS. Covid should ease, but a possible mask distribution could be considered.

Janet Smith has been approved as a member of the board, completing an open term. Her term along with Corinne and Carol are up for renewal in June.

Heather's report: The senior heat fund is OK for now. Sand for seniors is still available from fire fighters. New Mart van software is a nightmare. End of month reporting is horrible. My Senior Center software is excellent. We regret opting into Qride, We do not have a choice to opt out now. The Magic grant is still in order and working in Clinton to supplement Mart. A survey is coming out: look in the newsletter for a link.

Chuck showed a Powerpoint of the new website concept of pages, links, etc. A lot of time and effort was put into the new development. Heather, Lisa, and Chuck will put it all together. Note: Chuck will be gone for the next two months.

A pleasant reminder to Heather and Lisa to record their mileage. And a few moments were taken to remember those who passed recently, especially Flo.

The Senior Center remains closed, as determined by RCAP. Most other centers are also closed. The Annual Report will be available for review and approval next meeting. The town has ordered over 200 Covid test kits, 2 per box, for distribution to seniors.

Day to day activities are being handled well, statistics for 2021 look good, keep an eye out to help out home alone seniors.

Next COA meeting February 8, via Zoom.
The meeting adjourned at 10:57.

Respectfully submitted: Tom Byron

COA Monthly Bills FY22

Warrant 7/14/21 –

POS – Lisa D'Eon - \$110.00 – Stamps for Newsletter

MPLC – Movie License - \$225.00

Software Support - \$1190.00

Building Lease (RCAP rent) – July/August - \$720

Warrant 7/28/21 –

POS – WB Mason – Office Supplies – \$55.98

AA Limousine – Maine Bus Trip - \$600

Davis Bates, Storyteller – Senior Cookout - \$175.00

TPX Phone – \$39.59

Comcast - \$86.73

Building Lease (RCAP rent) – September - \$360.00

Grant – MCOA – Dues - \$265.00

Fitness – \$400

Warrant 8/25/21 –

POS – Bolton Orchard gift card for newsletter contest winner - \$25

Comcast – \$93.67

Supplies – Market Basket – \$86.98

Building Lease (RCAP Rent) – October - \$360

Grant – Fitness - \$410.00

Warrant 9/8/21 –

TPX Phone - \$39.59

Supplies – Postage for newsletters - \$69.59

Bolton Orchards gift cards for Bingo - \$20.16

Dunkin Donut gift cards for Bingo - \$25.00

Grant – Fitness - \$160.00

Warrant 9/22/21 –
TPX Phone - \$39.59
Comcast - \$93.67
Supplies – WB Mason – Office Supplies – 92.65
Building Lease (RCAP Rent) – November/December- \$720
Grant – Fitness - \$200

Warrant 10/6/21 –
Supplies –
 Market Basket – Senior Center Snacks/Water - \$36.96
 Heather - Bolton Orchards – Coffee Creamer and Gift Card - \$28.99
 Lisa – USPS – Newsletter Postage – \$116.00
Grant – Fitness - \$250

Warrant 10/20/21 –
POS – Painting Class - \$78.00
TPX Phone - \$39.59
Supplies – Market Basket/WB Mason – 211.86
Building Lease - \$360.00
Grant – Fitness - \$160.00

Warrant 11/3/21 –
Supplies – Postage/ Shaws - \$103.99

Warrant 12/1/21 –
POS – Honey for volunteers - \$185
TPX Phone - \$39.59
Comcast – \$93.67
Supplies- Market Basket, Walmart (craft supplies),
 Amazon(Halloween parade supplies)- \$315.57
Building Lease - \$360.00
Grant – Fitness - \$360.00

Warrant 12/15/21-
POS - Painting Class and Make/Take Sign Craft – \$202.00
Supplies – Senior Center/Office Supplies and postage - \$250.00

Warrant 12/29/21 –

POS- Holiday party supplies and postage - \$124.32

TPX Phone - \$39.59

Comcast – 2 months - \$187.34

Grant – Fitness -\$160

Warrant 1/12/22 –

POS – Office/Senior Center supplies, holiday concert and luncheon food-\$429.44

Supplies – Amazon(Bunn coffee filters) - \$16.99

Building Lease – March/April 2022 Rent - \$720

Bolton Council on Aging
FY22 Monthly Financial Report - January 2022

<u>Category</u>	<u>Year-To-Date</u>	<u>----Actual---</u> %	<u>Total Year</u> <u>Budget</u>	<u>Remaining</u> %	<u>Balance</u> <u>Remaining</u>
<u>Town Warrant</u>					
<u>Fixed</u>					
Salary	23,001.18	52.15%	44103.18	47.85%	21102
Wages	16524	51.72%	31946.4	48.28%	15422.4
Software Support	1190	100.00%	1190	0.00%	0
Building Lease	3600	83.33%	4320	16.67%	720
Cable/DSL	555.08	42.31%	1312	57.69%	756.92
Telephone	237.54	44.99%	528	55.01%	290.46
Subtotal-Fixed	45107.8		83399.58		38291.78
<u>Discretionary</u>					
Purchased Services	2209.74	27.45%	8050	72.55%	5840.26
Supplies	1271.19	68.71%	1850	31.29%	578.81
Subtotal-Discretionary	3480.93		9900		6419.07
Total Warrant Spending	48,588.73		93,299.58		44,710.85
<u>Grant</u>					
To be determined	192.6	2.85%	6763	97.15%	6570.40
Fitness/Balance	800	100.00%	800	0.00%	0.00
Reflexology/Wellness	1240	100.00%	1240	0.00%	0.00
MCOA Dues	265	94.64%	280	5.36%	15.00
Transportation	0	0.00%	85	100.00%	85.00
Total Grant Spending	2497.6	27.24%	9168	72.76%	6670.40

January 2022 COA Meeting Outreach/Program Report

December was a great month, there were an abundance of programs and activities that were enjoyed by many. Most of our January programs are on hold because of the Community Room being closed. Off site programs and activities are still being held. I am looking to schedule some Zoom programs in February. With winter weather and Covid, zooming may be the safest option.

Fuel Assistance is going well. We have a good balance in the account and should start receiving donations from the Census mailer soon. I have mailed the 16 applications to date. I have also promoted the program in the Independent and on social media to spread the word that we have this program for Seniors who may need a hand with heat this winter.

Bolton Volunteer Fire Association is still taking names of seniors who would like a bucket of sand delivered.

Deadline for the February Newsletter is this Thursday, January 13th.

Mart pilot program is still moving slow. I am using their software exclusively for ride booking and dispatching, however there are still many glitches that is making the end of the month reporting a challenge. There are stakeholder meetings on a regular basis where questions, comments and concerns are addressed and we are not the only COA who is experiencing issues. The ride sharing grant we got through Valerie/MAGIC is going well. We have used that option 3 times when our van wasn't available. The group is conducting a transportation survey for all those without a vehicle of their own in Bolton. The link is in the newsletter and I have a few paper copies available. If you know anyone who doesn't have their own transportation, their input would be greatly appreciated.

Summary Statistics from 01/01/2021 to 12/31/2021**Filters:**

Age: >=0

Site(s): All

Deceased: No

City: Bolton

Activity Type	Duplicated	Unduplicated
Events	741	119
Rides	296	23
Meals	262	9
Services	235	113
Logs	1	1
Total People Served	1535	182

Summary Statistics from 12/01/2021 to 12/31/2021**Filters:**

Age: >=0

Site(s): All

Deceased: No

City: Bolton

Activity Type	Duplicated	Unduplicated
Events	50	39
Meals	18	3
Services	67	46
Total People Served	135	72

Town of Bolton Council on Aging

Contents (tabs)

- About the Bolton COA
 - (Introductory statement, Mission, Vision, staff, links)
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- Key Phone Numbers for Seniors
- COA Services & Programs
- News & Announcements (Covid update, urgent health warnings/issues/clinics, major upcoming events)
- Friends of Bolton Seniors (FOBS)
- COA Calendar (clinics, meetings & upcoming events)
- Newsletter(s)
- Helpful Links
- Guide for Families
- How to volunteer (including opportunities)

About the Bolton Council on Aging (COA)

The **Bolton COA** is a town department that strives to enhance and enrich the quality of life for adults aged 60 years and older. The COA is composed of a small professional staff overseen by a voluntary Board of Directors, with additional support from the Friends of Bolton Seniors (FOBS) and other volunteers.

Mission

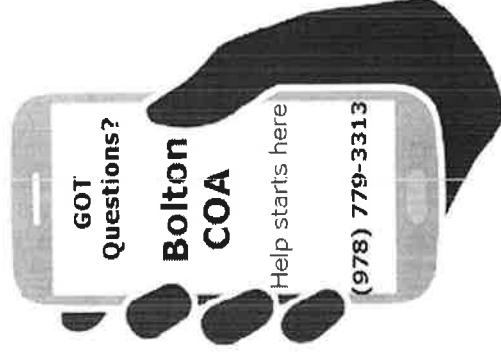
The COA's mission is to advocate for and promote the well-being and quality of life for all Bolton Seniors by providing activities and services that encourage independence, healthy living, social connection, and continued engagement in the Bolton community and beyond. The COA is their voice in the community and a dedicated resource for them and their families.

Vision

We envision Bolton as an “age friendly” intergenerational community where Seniors are celebrated, recognized, valued and connected; a town where they can maintain social relationships and build new ones; where they can join in activities that are both fun and promote wellness; and where they can obtain services to meet their daily needs and that allow them independence while aging at home.

Contacts

Office: Bolton Country Manor
600 Main St., Bolton, MA 01740 (see Google Maps)



Director	Lisa D'Eon	(978) 779-3313
Program & Outreach- Coordinator	Heather Goodsell	(978) 779-3314
Board of Directors	<u>Term Expires</u> Chair, Panny Gerken Barbara Brown Tom Byron Corinne Mackie Chuck McCormack Carol O'Laughlin Alice Roemer Shirley Sefton	2024 2023 2023 202 2025 202 2022 2023

Key Phone Numbers

- Bolton Police & Fire Departments
- Bolton Health Department
- Bolton Town Hall
- Bolton Library
- Friends of Bolton Seniors, fuel & other assistance
- MART van
- Town Nurse
- Elder Abuse Hotline
- Bolton Animal Control Officer
- Bolton Social Worker
- Poison Hotline

COA Services & Programs

News & Announcements

Friends of Bolton Seniors

- <https://fobsbolton.org>

COA Calendar

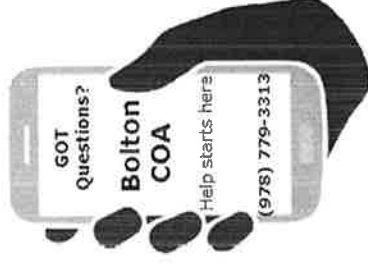
Newsletters

- January, 2022
- December, 2021
- November, 2021
- October, 2021
- September 2021
- August, 2021
- Archive

Helpful Links

- FOBS
- Social media (Facebook, Twitter...)
- Mass. Executive Office of Elder Affairs
- AARP
- Alzheimers Association of Massachusetts/New Hampshire
- Central Mass. Agency on Aging
- SeniorNet
- Social Security Administration
- SHINEMA.org
- Mass. Dept. of Veterans Services

Guide for Families



How to help & Volunteer

COA Brainstorm Session

May 2021

Answers to: WHY DOES THE COA EXIST?

- Provide services for Seniors based on their stated needs and priorities. Listen.
- Provide services that support physical, social and emotional health.
- Facilitate recognition and inclusion of Seniors as valued members of the community
- Facilitate intergenerational connection
- Provide advocacy for Seniors in our Bolton community. "We are their voice."
- Effectively communicate the availability of COA program and services
- Develop relationships with other town departments and community organizations to identify existing services and resources and to foster collaboration in shared goals.
- Facilitate, coordinate and refer Seniors, families and caregivers, to available local, state, regional and federal support services/ resources

Mission Statement:

- 1) The Bolton Council on Aging is a town department dedicated to the needs of Seniors in our community who are 60 years or older. We strive to provide engaging programs, activities and services that foster social connection, physical and emotional health, and support for independent living. The COA is your voice in the community and a resource of information for you and your family.

Vision Statement:

The Bolton COA envisions a town that is an "age friendly" intergenerational community where Seniors are recognized, valued and connected. A town where Seniors can maintain their social relationships and build new ones, can join activities that are both fun and promote wellness and seek services that encourage independence while aging at home. A town that celebrates all of its members...together.

