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Council On Aging Board Meeting Agenda

Date:

Tuesday, March 26, 2024 - 10:00am

Senior Center Community Room at the Bolton Country Manor, 600 Main St.

Related Event:

[Council On Aging Board Meeting](#)

Council On Aging Board Meeting Agenda 3/26/24

10:00am -10:05am Citizen's Comments

10:05am - 10:15am Reading of Minutes from February 2024 COA Meeting

Approval of February 2024 COA Minutes

Financial Report

10:15 – 11:30pm FOBS Update

Outreach/Program Coordinator's Report

Other Board Concerns and Discussion

Director's Report

Source URL: <https://www.townofbolton.com/council-aging-coa/agenda/council-aging-board-meeting-agenda-12>

Town of Bolton C.O.A. Meeting
March 26, 2024

Meeting at the Senior Center

Members Present: Panny Gerken, Chair; Barbara Brown, Tom Byron, Alice Roemer, Corinne Mackie, Shirley Sefton, Molly Myers, Charles McCormack
Lisa D'Eon, Heather Goodsell, Mary Ciummo

A quorum being present, the meeting opened about 10:05 AM.

The minutes from the February COA meeting were approved.

Financials: See handout. Normal costs. On track for this time of year. State grant is split, because the second half came in March. Spending thoughts: would like to spruce up around the office make it look more professional, create a specific resources area. Would like a fax machine, and a vacuum cleaner. Folding tables and chairs used in the big room and stored off the kitchen disappear. We need more, and perhaps should purchase tracking tags to allow "borrowing" with a sign-out sheet, and a way for their return.

FOBS: Irish dancers were very good. There is a catering issue, but there is a new caterer in Marlboro, and one in Harvard, and Assabet school also caters. A one woman play is scheduled for April, and May is Senior's month. August 20 is the annual cookout, again at Slaters.

Heather's Outreach report: See handout and the newsletter. The VNA wellness visits are no longer funded, and some staff have been laid off. Fuel assistance is winding down, some funding remains to start next year. No users for Meals on Wheels, but Wheat meals are doing well.

Director's report: A STRP worker has started as greeter on Wednesdays. RCAP manager is on medical leave, but there is coverage. McClean Hospital has a good memory clinic for testing: Lisa will be making a visit. Police Chief is retiring, cleaning house, bringing in an industrial shredder, so Lisa will take advantage and do some house cleaning too. Random drug testing is now required and will need reporting (this is a new thing). Looking for musical events since they draw larger numbers. Picnic on the patio will start back up soon. Perhaps we should schedule Majong? The Lions eye and ear event was poorly attended. Perhaps the health fair should be held every other year.

In May we should consider new officers for the COA Board.

Next COA meeting is April 23, at 10 am.

The meeting adjourned at 11:25.

Respectfully submitted: Tom Byron

Bolton Council on Aging
March 2024

<u>Category</u>	<u>Total Year Budget</u>	<u>Spent Year-To-Date</u>	<u>Spent %</u>	<u>Balance Remaining</u>
Town Warrant				
<u>Fixed</u>				
Salary	\$ 56,117.00	\$39,930.03	71.15%	\$ 16,186.97
Wages	\$ 42,026.00	\$29,903.40	71.15%	\$ 12,122.60
Software Support	\$ 1,200.00	\$ 1,190.00	99.17%	\$ 10.00
Building Lease	\$ 4,551.00	\$ 4,087.00	89.80%	\$ 464.00
Cable/DSL	\$ 1,200.00	\$ 919.00	76.58%	\$ 281.00
Telephone	\$ 600.00	\$ 281.37	46.90%	\$ 318.63
Subtotal-Fixed	\$ 105,694.00	76,310.80	72.20%	\$ 29,383.20
<u>Discretionary</u>				
Purchased Services	\$ 3,800.00	\$ 1,600.00	42.11%	\$ 2,200.00
Supplies	\$ 4,500.00	\$ 2,010.54	44.68%	\$ 2,489.46
Subtotal-Discretionary	\$ 8,300.00	\$ 3,610.54	43.50%	\$ 4,689.46
Total Warrant Spending	\$ 113,994.00	\$79,921.34	70.11%	\$ 34,072.66
<u>Grant</u>				
Lisa- Extra 3 hours	\$ 6,859.00	\$ 4,427.82	64.55%	\$ 2,431.18
Fitness/Balance	\$ 4,680.00	\$ 1,936.00	41.37%	\$ 2,744.00
Classes-Art/Garden Therapy	\$ 6,450.00	\$ 3,692.19	57.24%	\$ 2,757.81
Holiday Luncheon	\$ 1,200.00	\$ 1,200.00	100.00%	\$ -
Transportation/misc.	\$ 1,065.00	\$ 955.20	89.69%	\$ 109.80
Total Grant Spending	\$ 20,254.00	\$12,211.21	60.29%	\$ 8,042.79
State Grant Balance 2023	\$ 12,349.00			
State Formul Grant	\$ 18,130.00	<u>Second half of grant rec'd 3/12/ 24 - \$9065</u>		
Total State Grant Available	\$ 30,479.00			
 FY 22 Earmarked Fund	 \$ 19,640.00			
 Fuel Assitance Balance	 \$ 8,751.48			

March 2024 COA Meeting
Outreach/Programs Minutes

TODAY the Icon Museum and Study Center will be coming to do a presentation on the history of the painted egg. This program is possible because of a cultural council grant.

There are quite a few great programs in April such as Henry Quinlan coming to talk about his 50 years in publishing, Powerback PT will be leading a chair fitness class 2x a month for us, Honoring Choices will be doing a presentation on end of life decisions and seeing to it that they are carried out, the elder law attorney who came this month will be doing free mini meetings, plus all of the regularly scheduled programs.

VNA has done away with all of their wellness clinics. It was very sudden. We are very lucky we still have the Nashoba BOH doing wellness checks once a month.

Fuel assistance deadlines are the end of this month, so that will be winding down.

WHEAT weekly lunches are still going strong. We have been delivering for almost a year and have a great group of volunteers. Currently we are delivering 14 lunches (some homes have multiple people). There are no Bolton residents currently receiving MOW.

Bus trips- I have a call out to a boat charter company out of Newport, RI, that I am waiting to hear back from. I would like to book a scenic cruise and a lunch in Newport in early to mid June. I have also sent a request for a show at the North Shore Music Theater in August.