

BOARD OF HEALTH

Mark Sprague2003
 John Dunn2004
 Christopher Rogers, Chairman.....2005

The Board of Health continued to maintain its focus on public health and safety issues during 2003, reviewing Title V inspections, septic system and well permits, food service inspections, nuisance investigations, and nursing services. The Board of Health has been active in discussion and recommendations regarding tobacco control, public water supplies, beaver related issues, animal control, waste treatment plants, ground contamination, and preliminary review of subdivision plans, the majority of which is ongoing.

This year, the Board of Health received applications for 68 septic permit tests; 40 permits for new construction, 28 permits for repairs/upgrades to septic disposal systems, and 39 well permits were issued. 54 food inspections were performed, and housing and nuisance investigations totaled 24. The Board continues its vigilance with regard to septic disposal systems, wells, food service inspections, and housing and nuisance complaints.

In the coming year, the Board of Health hopes to continue to work closely with other Town Boards, Committees and Commissions, improve public awareness of public health issues through the Town's newspaper and web site, and continue its review of existing rules, regulations, and offsets.

We wish to thank Town Secretary Linda Day and Nashoba Associated Boards of Health Sanitarian Bill Brookings for their hard work and assistance on behalf of the Board.

**Financial Statement
 July 1, 2002 to June 30, 2003**

| | | | |
|---|-----------------|----------|------------------|
| Board of Health | | | |
| Appropriated | | | \$2,735.00 |
| Expended | Advertising | \$ 60.00 | |
| | Supplies | 767.98 | |
| | Dues/Membership | 66.07 | <u>\$ 894.05</u> |
| Unexpended balance returned to general fund | | | \$1,804.95 |
| Nashoba Associated Boards of Health | | | |
| Appropriated | | | \$7,202.00 |
| Expended | | | \$7,202.00 |
| Herbert Lipton Mental Health | | | |
| Appropriated | | | \$1,000.00 |
| Expended | | | <u>\$ 500.00</u> |
| Unexpended balance returned to general fund | | | \$ 500.00 |

Landfill Expenses

| | | |
|---|----------------------------|-------------------|
| Appropriated | | \$8,650.00 |
| Expended | Monitoring Wells | \$4,500.00 |
| | Hazardous Waste Collection | <u>\$3,624.05</u> |
| Unexpended balance returned to general fund | | \$ 525.95 |

Animal Inspector

| | | |
|---|--|------------------|
| Appropriated | | \$ 448.00 |
| Expended | | <u>\$ 373.32</u> |
| Unexpended balance returned to general fund | | \$ 74.68 |

TOWN NURSE

Brooke James

During the past year the Town Nurse has provided the following services to the residents and employees of the Town of Bolton:

Home Visits: A total of 149 visits were made to 17 households for the purpose of health assessment and assistance with prescribed medical treatment. The vast majority of the visits were initiated following a referral from Nashoba Nursing Service and served to provide follow-up nursing care to individuals no longer eligible to receive care under their insurance plan.

Town Hall Nursing Hours: The Town Nurse continues to be available every Thursday morning from 9:30 – 11:30 a.m. at the Town Hall, for drop-in visits. An average of 15 seniors take advantage of this weekly service.

Blood Pressure/Foot Clinics: The Town Nurse, in conjunction with the Bolton Council on Aging and a local podiatrist, continue to offer blood pressure and foot care clinics on a quarterly basis. Approximately 20 Bolton seniors regularly attend these clinics.

Immunizations: A total of 300 flu shots were given to seniors, Town and School employees, and other Bolton residents.

Food Distribution: The Town Nurse regularly distributed WHEAT food supplies to several homebound individuals in Bolton. During the holiday season, the Town Nurse helped to distribute food and gift donations to local families.

Finally, the Town Nurse continues to maintain regular communication with the MA Department of Public Health, Bolton School nurses, the Council on Aging and the local churches in order to be kept informed of individuals/families who might warrant nursing assessment and/or care.

**Financial Statement
July 1, 2002 to June 30, 2003**

Nursing Service Wages

| | | |
|---|--|-------------------|
| Appropriated | | \$8,827.00 |
| Expended | | <u>\$4,611.88</u> |
| Unexpended balance returned to general fund | | \$4,215.12 |

Nursing Service Expenses

| | | |
|---|--|----------|
| Appropriated | | \$666.74 |
| Expended | | \$666.74 |
| Unexpended balance returned to general fund | | \$ 0.00 |

